

# Breakfast

## Summer 2017



EDEN  
caterers

"Never work before breakfast; if you have to work before breakfast, eat your breakfast first." Henry Wheeler Shaw

### set breakfasts

#### Power Breakfast

one of each item per person  
Homemade granola & sour cherry compote (v, g)  
Cookie  
Freshly squeezed orange juice  
**£5.20 p/p**

#### Continental Breakfast

one of each item per person  
Mini croissant & butter  
Mini Danish pastry  
Fruit Skewer  
Freshly squeezed orange juice  
**£5.85 p/p**

#### Continental Breakfast with Bagel

one of each item per person  
Open mini half bagel with cream cheese & smoked salmon  
Mini croissant & butter  
Mini Danish pastry  
Fruit skewer  
Freshly squeezed orange juice  
**£7.80 p/p**

### pastries

Danish Pastry – large (v) a selection of pastries	<b>£1.97</b>
Danish Pastry – mini (v) a selection of mini pastries	<b>£1.60</b>
All Butter Croissant – large (v) served with butter portions and a knife	<b>£1.80</b>
All Butter Croissant – mini (v) served with butter portions and a knife	<b>£1.40</b>
Pain Au Chocolat – mini (v) filled with real chocolate and baked with French butter.	<b>£1.60</b>
Pain Au Chocolat – large (v) filled with real chocolate and baked with French butter.	<b>£1.80</b>
American Cookies (v) large cookies with a selection of different flavours baked each morning	<b>£1.70</b>
Mini Muffin - 2 per portion (v) Blueberry Mini	<b>£1.80</b>
Conserves (vegan, g, d) strawberry jam pots	<b>50p per pot</b>

### smoothies

Breakfast Smoothie - 1 litre (v, n) yoghurt, strawberries, granola, chia seeds and honey blitzed in the Nutribullet	<b>£9.55</b>
Green Dream Smoothie - 1 litre (vegan, g, d, n) pineapple, kiwi, curly kale, almond milk, honey and chia seeds blitzed in the Nutribullet	<b>£12.00</b>

### breakfast pots

Homemade granola (toasted oats, dried fruit, seeds and nuts) served in two delicious combinations. All breakfast pots come ready to eat, complete with a spoon.

Birchermuesli (v) rolled oats with apple, yoghurt, milk, sultanas, seeds and berries (minimum of 4)	<b>£2.45</b>
Orange & Coconut Granola with Honey (v, n) Greek yoghurt with honey and our Summer granola (jumbo oats, hazelnuts, pumpkin, chia and sunflower seeds, dried cranberry, coconut, almonds, walnuts and orange)	<b>£2.85</b> <span style="color: red;">NEW</span>
Orange & Coconut Granola with Berry Coulis (v, n) Greek yoghurt with raspberry coulis and our Summer granola (jumbo oats, hazelnuts, pumpkin, chia and sunflower seeds, dried cranberry, coconut, almonds, walnuts and orange)	<b>£2.75</b> <span style="color: red;">NEW</span>
Yoghurt Pot with Raspberry Coulis - 180ml pot (v, g)	<b>£1.90</b>
Yoghurt Pot with Honey - 180ml pot (v, g)	<b>£2.10</b>
Yoghurt Pot with Sour Cherry Compote - 180ml pot (v, g)	<b>£2.10</b>

### savouries

Breakfast Savoury Platter enough for up to 10 people. Smoked salmon, ham, cheeses and butter with 5 bagels and 5 croissants. Ideal if your not sure who will want what - let them make their own! Comes with knives.	<b>£28.95 each</b>
Mini Bacon Roll Breakfast Platter 15 mini glazed finger rolls with streaky bacon delivered warm to you for immediate service	<b>£32.50 each</b>
Mini Sausage Roll Breakfast Platter 15 mini glazed finger rolls with mini Cumberland sausages delivered warm to you for immediate service	<b>£32.50 each</b>
Mini Mushroom Roll Breakfast Platter (v) 15 mini glazed finger rolls with butter fried button mushrooms delivered warm to you for immediate service	<b>£31.00 each</b>
Brie & Cranberry Mini Flute (v)	<b>£2.40</b>
Ham & Cheese All Butter Croissant - large butter croissant with cheese and English ham.	<b>£4.10</b>
Open Mini Bagel with Smoked Salmon & Cream Cheese (2 open halves per portion)	<b>£3.90</b>
Vegetarian Sausage in a Freshly Baked Baguette (v) (H) delivered in hot box.	<b>£3.75</b>
Scrambled Egg and Tomato in a Freshly Baked Baguette (v) (H) delivered in hot box. Min 10	<b>£3.25</b>
Bacon in a Freshly Baked Baguette (H) delivered in hot box.	<b>£3.60</b>
Scrambled Egg & Bacon in a Freshly Baked Baguette (H) delivered in hot box. Min 10	<b>£3.90</b>
Scrambled Egg & Bacon All Butter Croissant Large - an all butter croissant filled with scrambled egg, smoked bacon & roasted tomato. (H)	<b>£4.10</b>
Sausage in a Freshly Baked Baguette (H) delivered in hot box.	<b>£3.75</b>
Scrambled Egg and Smoked Salmon in a Freshly Baked Baguette (H) delivered in hot box. Min 10	<b>£4.15</b>

### fruit

Fresh Fruit Individual Salad Pot (vegan, g, d) seasonal fruit - in a pot, ready to eat complete with a spoon	<b>£2.85</b>
Fresh Fruit Skewer - 1 per portion (vegan, g, d)	<b>£1.55</b>
Small Whole Fruit Platter (vegan, g) (for 5-10 people)	<b>£14.00</b>
Large Whole Fruit Platter (vegan, g) (for 10-15 people)	<b>£18.50</b>
Cut Fruit Platter (vegan, g) (for 8-12 people) several peeled & piped fruits ready to eat.	<b>£17.50</b>
Cut Fruit (vegan, g) per person peeled & piped, cut fruits ready to eat.	<b>£2.50 p/p</b>

### disposables

Paper plate—small	<b>13p</b>	Clear disposable cup	<b>13p</b>
Disposable teaspoon	<b>8p</b>	Paper cup (hot drink)	<b>13p</b>

### executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge.

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To order: Express website or email  
Order deadline: 14.30 prior working day  
Breakfast deliveries are made from 07.30 to 09.00 Mon-Fri  
This menu will be served from 1st June 2017 to 31st September 2017  
(H) = delivered hot in a hot box or bag  
Allergen information is on our website and is supplied with your order  
dietary legend: v=vegetarian, g=gluten free, d=dairy free, n=contains nuts  
Items marked gluten free have no gluten containing ingredients (ngci)  
Most but not all items are subject to VAT  
Prices may be subject to a venue commission  
Please see our full terms and conditions on our website