



*"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world." JRR Tolkien*

Unless a chef is hired, canapés are delivered on platters ready to serve. Make your own selection from the column on the left or choose one of our set menus on the right.  
There is a minimum order of 25 of any item.

## vegetarian

<b>Goats Cheese &amp; Cashew (v, n)</b> lemon marinated goats cheese with toasted cashews	£1.92
<b>Feta &amp; Honey Crostini (v)</b> with fresh thyme and a light garlic oil.	£1.87
<b>Pea &amp; Mint Crostini (vegan, d)</b> poached pea and mint on crisp ciabatta crostini	£1.82
<b>Fig &amp; Stilton on Oatcake (v)</b> fig puree & Colston Basset on homemade oatcake	£1.90
<b>Bella Lodi Shortbread with Basil Pesto (v)</b> homemade cheese shortbreads with pesto	£1.82
<b>Aubergine with Pomegranate (v, g)</b> seared aubergine with yoghurt, mint and pomegranate	£1.92
<b>Crisp Cheese Risotto Arancini (h) (v)</b> feta, tomato and tarragon fried risotto cake	£1.82
<b>Tomato Bruschetta (v)</b> slow roasted tomato with basil and balsamic on bruschetta	£1.82
<b>Slow Roast Tomato, Basil &amp; Mascarpone (v, g)</b> with grated bella lodi and lemon zest	£1.82
<b>Broccoli Picante (h) (vegan, g, d)</b> crisp broccoli florets with chilli & garlic	£1.70
<b>Chargrilled Courgette &amp; Red Peppers with Houmous (vegan, g, d)</b> pan fried peppers and homemade houmous on blackened courgette	£1.82

## meat

<b>English Fillet (h) (d)</b> Essex beef flash fried with Coleman's	£1.99
<b>Candied Bacon, Apple &amp; Blue</b> blue cheese with candied bacon and apple on puff pastry	£1.90
<b>Szechuan Pepper Chicken (d)</b> pan fried and served with chilli jam	£1.87
<b>Prosciutto &amp; Pear (g, d)</b> fresh pear & rocket rolled in prosciutto	£1.97
<b>Cured Ham Crostini</b> Gloucestershire ham with mascarpone	£1.92
<b>Bacon &amp; Prune (h) (g, d)</b> soft prune baked in English bacon with rosemary	£1.87
<b>Teriyaki Beef (h) (d)</b> fillet of beef flash fried in teriyaki with spring onion	£1.95
<b>Duck Pancake &amp; Hoisin (d, n)</b> with cucumber and spring onion	£1.95
<b>Soya &amp; Honey Beef (d)</b> flash grilled filet on a skewer with edamame bean or chilli	£1.97
<b>Smoked Lamb with Artichoke Puree</b> home smoked pink & tender lamb on crostini	£1.99
<b>Chicken Mousse &amp; Parma Ham Roulade (g)</b> with pesto & bella lodi	£1.92
<b>Jerk Chicken &amp; Orange Skewer (d)</b> juicy orange works well with Jamaican spiced chicken	£1.82

## fish

<b>Posh Prawn Cocktail (d)</b> prawn encrusted gem lettuce cup	£1.90
<b>Hot Roast Salmon Sour Bread</b> Hebridean salmon with ricotta and lime on sour bread	£1.99
<b>Salmon Teriyaki (h) (d)</b> organic salmon fillet flash fried in teriyaki on skewers	£1.99
<b>Chorizo &amp; Prawn Skewer (g)</b> charred and yummy pairing	£1.92
<b>Trout Crostini</b> Dorset trout with goat's cheese and chervil	£1.90

dietary legend: v= vegetarian, g= gluten free, d= dairy free, n=contains nuts  
h - Can be served hot  
Items marked gluten free have no gluten containing ingredients (ngci)

t: 020 7803 1212  
e: orders@edencaterers.london



## canapé set menus

one of each canapé per person

### saffron

Slow Roast Tomato Basil & Bella Lodi (v, g)
Jerk Chicken & Orange Skewer (d)
Posh Prawn Cocktail (d)
Smoked Lamb with Artichoke Puree
Crisp Cheese Risotto Arancini (v)
Chargrilled Courgette & Red Peppers with Houmous (vegan)
English Fillet & Coleman's (d)
Trout Crostini

£15.00 p/p

### honeysuckle

Tomato Bruschetta (v)
Feta & Honey Crostini (v)
Bella Lodi Shortbread with Basil Pesto (v)
Salmon Teriyaki (d)
Goats Cheese & Cashew (v) (n)
Soya & Honey Beef (d)
Hot Roast Salmon Sour Bread
Aubergine with Pomegranate (v, g)

### lavender

Szechuan Chicken (g, d)
Broccoli Picante (vegan, g, d)
Trout Crostini
Crostini with Pea & Mint (vegan)
Brie, Pear & Cinnamon Confiture (v)
Teriyaki Beef (h) (d)
Fig & Stilton on Oatcake (v)
Posh Prawn Cocktail (d)

£14.90 p/p

## nibbles

Crudités (vegan, g, d)	£1.80
Mini Bowl - Mixed Nuts 170g (vegan, g, d, n) walnut, cashew, hazelnut and peanut	£4.50
Mini Bowl - Olive Mix 170g (vegan, g, d) green, black, capers and sun dried tomato in olive oil	£3.50
Tortilla Chips with Salsa dip (v)	£1.00
Kettle Crisps (v)	£1.10

## sweet

Lemon Meringue Tartlet (v)	£1.70
peaked meringue with homemade lemon curd in a pastry crown	
Fruit Kebab (vegan, g, d)	£1.70
dainty colourful fruits	
Sheba Chocolate Tartlet (v, n)	£1.80
the queen's silky rich dark sauce in a crisp case	
Fresh Fruit Tartlet (v, n)	£1.70
seasonal fruits with crème patissiere in sweet pastry	
Berry Mousse in Chocolate Cup (v, g)	£1.80
elegant dark chocolate with sharp season's berry mousse	

everything on this menu is homemade by our chefs



Order deadline:

12:00 three working days prior to the delivery day  
Canapés are only delivered after 14:00.

To order: Call us to discuss

This menu is served from 1st Feb 2017 to 31st May 2017  
Allergen information is on our website and is supplied with your order  
All prices are subject to VAT