

Working Lunch

Summer 2017



EDEN

caterers



"A man may be a pessimistic determinist before lunch and an optimistic believer in the will's freedom after it."
Aldous Huxley

sandwiches

vegetarian

Falafel & Baba Ganoush Wrap (vegan, d) homemade organic falafel with aubergine puree, mixed leaf, mint & lemon dressing	NEW £3.15
Houmous & Olive Tapenade on Multi Seed Bloomer (vegan, d) our own houmous & olive tapenade with sliced cucumber and grated carrot	£3.10
Cheddar & Rhubarb Chutney on Sliced Cereal (v)	NEW £3.40
farmhouse cheddar with homemade rhubarb & ginger chutney on freshly baked cereal bread	
Cucumber Capers & Mint on Tonnbrod (v) mint, spring onion, capers and cream cheese with rocket and cucumber	£2.90
Egg Mayonnaise & Cress on Malted Grain (v) free range eggs and cress	£3.10
Mozzarella, Tomato, Olive & Basil in Ciabatta (v) mozzarella with sliced beef tomato, olive & basil with a balsamic dressing	£3.80
Cheddar & Rhubarb Chutney on Genius Gluten Free Bread (v, g) farmhouse cheddar with homemade rhubarb & ginger chutney	£3.95

meat

Rare Roast Beef with Caramelised Onions on Seeded Granary thinly sliced roast beef with slow cooked caramelised onions and grain mustard	£3.55
Blythburgh Farm Gammon Ham & Mustard on White Bread honey & mustard baked gammon with English mustard	£3.70
Bacon, Lettuce & Tomato in a Tomato Wrap (d) cured smoked bacon, mixed baby leaf, and sliced tomato with mayonnaise	£3.50
Italian Salami & Pepperonata Flaguette Italian salami with homemade pepperonata & rocket	NEW £3.55
Chicken with Roasted Tomato on Malted Grain roast chicken with oven roasted tomato mixed leaf	£3.50
Cajun Chicken with Lettuce & Tomato on Seeded Baguette cajun marinated Gloucestershire chicken with lettuce, tomato & mayonnaise in seeded baguette	NEW £3.95
Italian Salami & Peppers on Genius Gluten Free Bread (g) salami with homemade pepperonata & rocket	£3.95

fish

Crayfish, Prawn & Cress on Malted Grain crayfish and prawns in a light mustard and lemon mayonnaise with cress	£3.95
Salmon, Chilli Mustard & Mizuna on Malted Grain flaked fresh salmon, chilli mustard mayonnaise and crisp mizuna	£3.85
Smoked Mackerel in a Spinach Wrap smoked mackerel in a crème fraiche, horseradish and lemon dressing	£3.70
Smoked Salmon, Cucumber & Dill on Malted Grain with a dill dressing and black pepper	£3.85
Smoked Mackerel on Gluten Free Bread (g) chopped smoked mackerel with lemon, crème fraiche, horseradish and mixed leaf	£3.95

set sandwich platters

Classic Sandwich Platter one of each of the following: Egg Mayonnaise & Cress on Malted Grain (v); Cheddar & Rhubarb Chutney on Sliced Cereal (v); Blythburgh Farm Gammon Ham & Mustard on White Bread; Rare Roast Beef with Caramelised Onions on Seeded Granary; Chicken with Roasted Tomato on Malted Grain; Smoked Salmon, Cucumber & Dill on Malted Grain	£20.00 each
Mixed Sandwich Platter one of each of the following: Blythburgh Farm Gammon Ham & Mustard on White Bread, Egg Mayonnaise & Cress on Malted Grain (v), Italian Salami & Pepperonata Flaguette, Mozzarella, Tomato, Olive & Basil in Ciabatta (v), Smoked Mackerel in a Spinach Wrap, Smoked Salmon, Cucumber & Dill on Malted Grain	£21.00 each
Contemporary Sandwich Platter one of each of the following: Cajun Chicken with Lettuce & Tomato on Seeded Baguette, Crayfish, Prawn & Cress on Malted Grain, Cucumber Capers & Mint on Tonnbrod (v), Falafel & Baba Ganoush Wrap (vegan, d), Italian Salami & Pepperonata Flaguette, Salmon, Chilli Mustard & Red Chard on Malted Grain	£22.00 each
Meat Sandwich Platter one of each of the following: Bacon, Lettuce & Tomato in a Tomato Wrap (d), Blythburgh Farm Gammon Ham & Mustard on White Bread, Cajun Chicken with Lettuce & Tomato on Seeded Baguette, Chicken with Roasted Tomato on Malted Grain, Italian Salami & Pepperonata Flaguette, Rare Roast Beef with Caramelised Onions on Seeded Granary	£23.00 each
Fish Sandwich Platter the following: Crayfish, Prawn & Cress on Malted Grain (2), Salmon, Chilli Mustard & Red Chard on Malted Grain, Smoked Mackerel in a Spinach Wrap, Smoked Salmon, Cucumber & Dill on Malted Grain (2)	£26.00 each
Vegetarian Sandwich Platter (v) the following: Cheddar & Rhubarb Chutney on Sliced Cereal (v), Cucumber Capers & Mint on Tonnbrod (v), Egg Mayonnaise & Cress on Malted Grain (v), Falafel & Baba Ganoush Wrap (vegan, d) Houmous & Olive Tapenade on Multi Seed Bloomer (vegan, d) (2), Mozzarella, Tomato, Olive & Basil in Ciabatta (v)	£18.00 each
Open Sandwich Platter two of each of the following: Crayfish & Prawn, Smoked Salmon & Dill, Bacon, Lettuce & Tomato (d), Beef & Caramelised Onion (d), Houmous & Olive (vegan) Egg Mayonnaise & Cucumber (v)	£28.00 each
Wrap Platter Six wraps: Bacon, Lettuce & Tomato in a Tomato Wrap (d) (2), Falafel & Baba Ganoush Wrap (vegan, d) (2), Smoked Mackerel in a Spinach Wrap (2)	£20.00 each
Rustic Platter six speciality bread and roll sandwiches Cajun Chicken with Lettuce & Tomato on Seeded Baguette (2), Cheddar & Rhubarb Chutney on Sliced Cereal (v) (2), Mozzarella, Tomato, Olive & Basil in Ciabatta (v), Rare Roast Beef with Caramelised Onions on Seeded Granary	£24.00 each

dietary legend: v= vegetarian, g = gluten free, d = dairy free, n=contains nuts
Allergen information is on our website and is supplied with your order. Please see our full terms and conditions on our website
* apart from our breads (delivered daily to us by better bakers by far) and sushi.

finger buffet

vegetarian

Samosa (vegan, d) packed full of fresh vegetables and potatoes in a spicy sauce enclosed in a crisp pastry case	£1.70
Queen Olives - 4 per portion (vegan, g, d) aromatised large queen olives on sticks	£1.50
Tapenade Bruschetta (vegan, d) ciabatta bruschetta with our caper, black olive and garlic tapenade	£1.70
Kettle Crisps - 40g portion (vegan, g, d) with salsa dip	£1.10
Feta, Cherry Tomato & Basil Tart (v) A classic summer tart of feta, sweet tomato & fresh basil baked till golden	£1.65
Tortilla Chips with Salsa Dip - 40g portion (vegan, g, d) with salsa dip	£0.95
Chickpea, Apricot & Ricotta Open Filo (v) fresh apricot, chickpea, ricotta & mint in a filo case.	£1.75
Mini Pizza with Mozzarella (v) thin & crispy with mozzarella and pepperonata	£1.70
Spinach Roulade (v, g) layers of spinach with ricotta and sun dried tomato.	£1.60
Chilli Cornbread Muffins (v) A polenta flour muffin with corn, mature cheddar and chilli, with a mascarpone, jalapeno & coriander filling	£1.70

meat

Chicken Brochette with Cinnamon and Paprika (g, d) a cinnamon, cumin, paprika & ground ginger marinade	£1.75
Cocktail Sausages with Chutney - 3 per portion (d) cumberland cocktails with mango chutney, dijon mustard and lemon juice.	£1.65
Bella Lodi Chicken Strips chicken breast in bella lodi breadcrumbs	£1.70

fish

Salmon Brochette with Chilli & Ginger (g, d) coriander, chilli, ginger, lemon and paprika marinade	£2.15
Trout, Crème Fraiche & Pomegranate Tartlet - 2 per portion fresh Dorset trout with crème fraiche, dill & pomegranate in a delicate pastry case.	£1.80

set finger buffet platters

Finger Buffet Platter Three of each of the following finger buffet on one platter (12 in total): samosa, mini pizza, spinach roulade, chicken brochette	£20.55
Vegetarian Finger Buffet Platter three of each of the following finger buffet on one platter (12 in total): tapenade bruschetta (v), feta tart (v), chilli cornbread (v), spinach roulade (v)	£20.50

fruit

Fresh Fruit Skewer - 1 per portion (vegan, g, d) seasonal fruit chunks on sticks	£1.55 each
Chocolate Strawberry (v, g) English strawberries dipped in dark chocolate	£1.70 p/p
Small Whole Fruit Platter for 5-10 people (vegan, g, d)	£14.00 each
Large Whole Fruit Platter for 10-15 people (vegan, g, d)	£18.50 each
Cut Fruit Platter - for 8-12 people (vegan, g, d) several peeled & piped fruits ready to eat.	£17.50 each
Cut Fruit - per person (vegan, g, d) peeled & piped, cut fruits ready to eat.	£2.50 p/p
Fresh Fruit Individual Salad Pot (vegan, g, d) seasonal fruit in a pot, ready to eat complete with a spoon	£2.85 p/p

cheese

A British Summer Cheeseboard (v, n) Quiches Double Gloucester, Trevarian Cornish Brie, Shropshire Orange Curd Blue with celery, grapes, oatcakes and crackers.	£4.00 p/p
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cakes

Cake Platter eight cakes from this season's selection.	£15.00 each
Brownie (v) dark, rich Belgian	£1.80 each
Raspberry Tartlet - 2 per portion fresh raspberries, white chocolate and cream with free range eggs in a dainty pastry case	£2.25 ptn
Panna Cotta with Summer Fruit Jelly - Mini Pot (v, g) vanilla and cream with fresh fruit jelly. Comes with a mini spoon	£1.90
Cherry & Walnut Flapjack (v, n) golden syrup & jumbo oats with glace cherries and nuts	£1.80 each
Blueberry Cheesecake (v) fresh blueberries with a cream cheese topping	£1.90 each
Orange Polenta Loaf (v, g, n) fresh juice and zest of navel oranges with free range eggs, almond, butter and polenta.	£1.80 each
Lemon Shortbread - 3 per portion (v) All butter shortbread with a hint of fresh lemon	£1.45 ptn
Mini Muffin - 2 per portion (v) blueberry mini	£1.80 ptn

disposables

Clear disposable cup	13p each
Disposable knife (wood)	8p each
Paper side plate	13p each



Order deadline:
16:30 prior working day for assured delivery time
To order: email or on our Express website
This menu is served from
1st June 2017 to 30th September 2017
All items are subject to VAT



WorkingLunch

Set Menus

Summer 2017



EDEN
caterers

"Manhattan is a narrow island off the coast of New Jersey devoted to the pursuit of lunch." Raymond Sokolov

These menus enable you to order quickly, a quality working lunch (sandwiches, finger buffet, cakes, fruit, cheese) at a price and mix of content to suit your budget. All the sandwiches and buffet items are selected by us, unless named, and rotate daily from this season's list over. You simply select the menu which matches your requirements and order for the number of people you are catering for (minimum of 3). The food, as standard, is served on black, recyclable platters with a serviette for each guest. Unwrapping is the only requirement. There is an "Executive Presentation" option. See below for details.

willow

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Finger Buffet 2 per person (min of 3 types) selected by us from list over

Fresh Fruit Skewer 1 per person

Cake & dessert mini homemade selection, 1 per person

Cheese Board 1 portion per person

£15.25
p/p

magnolia

Sandwiches including 1 round per person varying daily from the selection listed over

Finger Buffet 2 per person (min' of 3 types) selected by us from list over

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Cut Fruit 1 portion per person

Cheese Board 1 portion per person

£14.00
p/p

wisteria

Sandwiches 1 round per person varying daily from the selection listed over

Finger Buffet 3 items per person selected by us from the list over.

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Fresh Fruit Skewer 1 per person

£11.05
p/p

laurel

Sandwiches 1 round per person varying daily from the selection listed over

Finger Buffet 3 items per person selected by us from the list over.

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Cake & dessert mini homemade selection, 1.5 per person

£11.50p
/p

clematis

Sandwiches 1 round per person varying daily from the selection listed over

Finger Buffet 3 items per person selected by us from the list over.

Italian Olives

Fresh Fruit Skewer 1 per person

£11.60
p/p

camellia — a menu with extra finger buffet

Sandwiches including 1 round per person varying daily from the section listed over

Finger Buffet 4 items per person selected by us from list over selected by us from the list over

Cut Fruit 1 portion per person

£12.50
p/p

jasmin

Sandwiches including 1 round per person varying daily from the selection listed over

Finger Buffet 2 per person (min' of 3 types) selected by us from list over

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Cake & dessert mini homemade selection, 1 per person

Fresh Fruit Skewer 1 per person

£10.85
p/p

jasmin — gluten free

Sandwiches including 1 gluten free round per person

Finger Buffet 2 per person

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Cake 1 per person

Chocolate Strawberry

£10.85
p/p

maple

Sandwiches 1 round per person varying daily from the selection listed over

Finger Buffet 2 items per person selected by us from the current menu

Kettle Crisps (vegan, g) (40g per portion) with salsa dip

Fruit 1.5 pieces of whole fruit per person

£9.50
p/p

lilac

Sandwiches including 1 round per person varying daily from the selection listed over

Finger Buffet 2 per person (min of 3 types) selected by us from list over

Cut Fruit 1 portion per person

£9.40
p/p

thistle

Sandwiches including 1.5 round per person varying daily from the selection listed over

Cake & dessert mini homemade selection, 1.5 per person

Cut Fruit 1 portion per person

£9.60
p/p

acer

Sandwiches including 1.5 round per person varying daily from the selection listed over

Crisps

Cake & dessert mini home made selection, 1 per person

Fresh Fruit Skewer 1 per person

£9.00
p/p

rowan

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Tortilla Chips (vegan, g) (25g per portion) with salsa dip

Cut Fruit 1 portion per person

£8.90
p/p

mulberry

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Kettle Crisps (vegan, g) (40g per portion)

Cake & dessert mini homemade selection, 1.5 per person

£8.00
p/p

hawthorn

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Cut Fruit 1 portion per person cut for easy eating

£7.65
p/p

hibiscus

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Kettle Crisps (vegan, g) (40g per portion)

Fresh Fruit Skewer 1 per person

£7.75
p/p

azalea

Sandwiches including 1.5 rounds per person varying daily from the selection listed over

Cake & dessert mini homemade selection, 1.5 per person

£7.50
p/p

There is a minimum order of three of any set menu

executive presentation

Needing a very smart presentation? Select or ask for "Executive Presentation". Your food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge for this service.

To order use our Express website or by email

Order deadline: 16:30 prior working day

This menu is served from 1st June 2017 to 30th September 2017

Allergen information is on our website and is supplied

with your order

All items are subject to VAT at 20%.

Please see our full terms and conditions on our website

t: 020 7803 1212

e: orders@edencaterers.london

f: 020 7803 1213

w: www.edencaterers.london

