



# Canapé

## Spring 2018



# EDEN

caterers

*"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world." JRR Tolkien*

Canapés are delivered on platters ready to serve. Make your own selection from the column on the left or choose one of our set menus on the right. There is a minimum order of 25 of any item.

## vegetarian

<b>Chargrilled Courgette &amp; Red Peppers with Houmous (vegan, g, d)</b> pan fried peppers and homemade houmous on blackened courgette	£1.82
<b>Aubergine with Pomegranate (v, g)</b> seared aubergine with yoghurt, mint and pomegranate	£1.92
<b>Goats Cheese &amp; Cashew (v, n)</b> lemon marinated goats cheese with toasted cashews	£1.92
<b>Slow Roast Tomato, Basil &amp; Mascarpone (v, g)</b> with grated bella lodi and lemon zest	£1.82
<b>Pea &amp; Mint Crostini (vegan, d)</b> poached pea and mint on crisp sour dough crostini	£1.82
<b>Bella Lodi Shortbread with Basil Pesto (v)</b> homemade cheese shortbreads with pesto & oven dried cherry tomato	£1.82
<b>Tomato Bruschetta (v)</b> slow roasted tomato with basil and balsamic on bruschetta	£1.82
<b>Crisp Cheese Risotto Arancini (h) (v)</b> feta, tomato and tarragon fried risotto cake	£1.87
<b>Colston Basset &amp; Poached Pear Oatcake (v, n)</b> with caramelised walnuts	£1.80
<b>Beetroot &amp; Broccoli Tartlet (v)</b> beetroot houmous & fresh broccoli in a tomato pastry tartlet	£1.80
<b>Broccoli Picante (h) (vegan, g, d)</b> crisp broccoli florets with chilli & garlic	£1.75
<b>Fig &amp; Stilton on Oatcake (v)</b> fig puree & Colston Basset on homemade oatcake	£1.90
<b>Feta &amp; Honey Crostini (v)</b> with fresh thyme and a light garlic oil	£1.87
<b>Goats Curd &amp; Sambal Oelek Crostini (v)</b> with black olive on sour dough crostini	£1.80

## meat

<b>Venison Chorizo &amp; Beauvale on Oatcake</b> Great Glen chorizo with a new soft blue from Cropwell Bishop with pear chutney on homemade oatcakes	£1.95
<b>Bacon &amp; Prune (h) (g, d)</b> soft prune baked in English bacon with rosemary	£1.87
<b>Duck Pancake &amp; Hoisin (d, n)</b> with courgette, red pepper, carrot & coriander	£1.95
<b>Teriyaki Beef (h) (d)</b> fillet of beef flash fried in teriyaki with spring onion	£1.95
<b>Szechuan Pepper Chicken (d)</b> pan fried and served with chilli jam	£1.87
<b>English Fillet (h) (d)</b> Essex beef flash fried with Coleman's	£1.99
<b>Candied Bacon, Apple &amp; Blue</b> blue cheese with candied bacon and apple on puff pastry	£1.90
<b>Jerk Chicken &amp; Orange Skewer (d)</b> juicy orange works well with Jamaican spiced chicken	£1.82
<b>Chicken Mousse &amp; Parma Ham Roulade (g)</b> with pesto & bella lodi	£1.92
<b>Smoked Lamb with Artichoke Puree</b> home smoked pink & tender lamb on crostini	£1.99
<b>Soya &amp; Honey Beef (d)</b> flash grilled filet on a skewer with edamame bean or chilli	£1.97
<b>Dorset N Duja with Broad Bean &amp; Mint Puree</b> A dorset made version of the spicy salami spread with a shallot and white wine broad bean puree on a sourdough crostini	£1.75
<b>Cured Ham Crostini</b> Gloucestershire ham with mascarpone	£1.92
<b>Prosciutto &amp; Pear (g, d)</b> fresh pear & rocket rolled in prosciutto	£1.97

## fish

<b>Salmon Teriyaki (h) (d)</b> organic salmon fillet flash fried in teriyaki on skewers	£1.99
<b>Hot Roast Salmon Sour Bread</b> Hebridean salmon with ricotta and lime on sour bread	£1.99
<b>Chalk Stream Farm Trout Gravavlax Crostini</b> With cream cheese and dill	£1.90
<b>Trout Crostini</b> Dorset trout with goat's cheese and chervil	£1.90

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w: www.edencaterers.london



## canapé set menus

one of each canapé per person

### saffron

Slow Roast Tomato, Basil & Mascarpone (v, g)
Jerk Chicken & Orange Skewer (d)
Hot Roast Salmon Sour Bread
Smoked Lamb with Artichoke Puree
Crisp Cheese Risotto Arancini (v)
Chargrilled Courgette & Red Peppers with Houmous (vegan)
English Fillet & Coleman's (d)
Trout Crostini

£15.00 p/p

### honeysuckle

Tomato Bruschetta (v)
Feta & Honey Crostini (v)
Bella Lodi Shortbread with Basil Pesto (v)
Salmon Teriyaki (d)
Goats Cheese & Cashew (v) (n)
Soya & Honey Beef (d)
Hot Roast Salmon Sour Bread
Aubergine with Pomegranate (v, g)

£15.30p/p

### lavender

Szechuan Chicken (g, d)
Broccoli Picante (vegan, g)
Trout Crostini
Crostini with Pea & Mint (vegan)
Feta & Honey Crostini (v)
Teriyaki Beef (h) (d)
Fig & Stilton on Oatcake (v)
Salmon Teriyaki (h) (d)

£14.90 p/p

## nibbles

<b>Crudités (vegan, g, d)</b>	£2.00
<b>Mini Bowl - Mixed Nuts 170g (vegan, g, d, n)</b> walnut, cashew, hazelnut and peanut	£4.50
<b>Mini Bowl - Olive Mix 170g (vegan, g, d)</b> green, black, capers and sun dried tomato in olive oil	£3.50
<b>Cheese Straws - 2 per portion (v)</b> with chilli and cheddar	£2.40
<b>Tortilla Chips with Salsa dip (v)</b>	£1.00
<b>Kettle Crisps (v)</b>	£1.30

## sweet

<b>Lemon Meringue Tartlet (v)</b> peaked meringue with homemade lemon curd in a pastry crown	£1.70
<b>Fruit Kebab (vegan, g, d)</b> dainty colourful fruits	£1.70
<b>Sheba Chocolate Tartlet (v, n)</b> the queen's silky rich dark sauce in a crisp case	£1.80
<b>Fresh Fruit Tartlet (v, n)</b> seasonal fruits with crème patissiere in sweet pastry	£1.70
<b>Berry Mousse in Chocolate Cup (v, g)</b> elegant dark chocolate with sharp season's berry mousse	£1.80

dietary legend: v= vegetarian, g= gluten free, d= dairy free, n=contains nuts  
h – Can be served hot

Items marked gluten free have no gluten containing ingredients (ngci)

Order deadline:

12:00 three working days prior to the delivery day  
Canapés are only delivered after 14:00.

To order: Call us to discuss

This menu is served from 1st Feb 2018 to 31st May 2018  
Allergen information is on our website and is supplied with your order

All prices are subject to VAT

Prices may be subject to a venue commission  
Please see our full terms and conditions on our website