

PLANEAT

BREAKFAST

pots

yoghurt pots
a selection of six seasonal
rich greek yoghurt pots
£20.68

soya yoghurt pots
a selection of six seasonal
soya yoghurt pots
£26.80

granola pots
six pots with sour cherry compote
£21.70
six pots with honey
£21.70
six pots with yoghurt
£21.40

pastries

danish pastries
twelve mixed mini pastries
£23.80

croissants
six croissants with jam
£17.05

chocolate croissants
six chocolate filled croissants
£14.20

fruit

whole fruit
mixed whole fruit for 12-16 people
£18.60

fresh fruit salad pots
six pots of fruit salad. compostable spoons supplied.
£19.90

hot

mini rolls
15 warm rolls
bacon £35.05
sausage £35.05
mushroom £35.05
bacon & sausage (8 of each) £37.30
bacon & mushroom (8 of each) £37.35
sausage & mushroom (8 of each) £37.35

glazed brioche rolls

six warm rolls
sausage
£32.30
bacon
£29.20

cereale rolls - roast tomato &

mushroom (vegan)
six warm rolls
£31.00

savouries

mini bagels with smoked salmon &
cream cheese
twelve open halves
£30.60

mini bagels with sundried tomato
& cream cheese
twelve open halves
£20.40

mini bagels - mixed fillings
six smoked salmon & six sun-dried
tomato open bagel
£25.60

ham & cheese butter croissants
six freshly baked croissants
£23.75

cheese & tomato butter croissants
six freshly baked croissants
£20.58



SANDWICHES

classic sandwiches
20 quarters of six seasonal
classic varieties
£20.85

contemporary sandwiches
20 quarters of six seasonal
contemporary varieties
£19.40

meat sandwiches
20 quarters of six seasonal
meat varieties
£20.25

vegetarian sandwiches
20 quarters of six seasonal
vegetarian varieties
£18.45

vegan sandwiches
20 quarters of six seasonal
vegan varieties
£16.90

wraps
16 quarters - a mix of meat, fish
and vegetarian
£18.70

gluten free sandwiches
20 quarters of three gluten free varieties
£21.70

open sandwiches
16 slices of four varieties
£22.56

supplied in
compostable
boxes

SWEET

cake selection
22 pieces of mixed cake - 6 varieties
£19.70

cake selection & fruit skewers
12 pieces of mixed cake with 6 fruit
skewers & grapes
£26.55

mixed cheesecake
6 pots, 2 seasonal varieties
£16.75

fresh strawberries
6 pots supplied with compostable spoons
and sugars.
£32.38

cheeseboard
british cheeses for 4-6 with oatcakes,
crackers, grapes and chutney
£28.65

fresh fruit salad pot
six pots of fruit salad
£19.90



PLANEAT

BOXES FOR TWO

planeat lunch for two
one box each, for two people. each with
sandwich, 2 finger food, tortilla chips & dip.

regular £20.95
vegetarian £20.15
vegan £17.55
gluten free
(sandwich and 4 finger food)
£16.75

the cheese board for two
three cheeses, crackers, grapes,
chutney, knife
£20

afternoon tea for two
sandwiches, scones & cake with cups and
tea bags (hot water required)
£24.90

your purchases
plant tress

CANAPES

English beef fillet & home cured citrus salmon
44 hand made canapes in 2 varieties
£91.12

cheese risotto arancini & smoked lamb with artichoke
44 hand made canapes in 2 varieties
£87.00

trout gravadlax crostini & courgette & red peppers (vegan, g, d)
44 hand made canapes in 2 varieties
£39.60

trout gravadlax crostini & home cured citrus salmon
48 hand made canapes in 2 varieties
£49.12

courgette & red peppers (vegan, g, d) & Cheese Arancini (v)
40 hand made canapes in 2 varieties
£77.60

English beef fillet & smoked lamb with artichoke
44 hand made canapes in 2 varieties
£91.35

SALADS

chargrilled free range
chicken rainbow salad
sharing salad for 6-8 people
£33.80

italian summer salad
sharing salad for 6-8 people
£25.05

watermelon & tomato salad
sharing salad for 6-8 people
£23.30

Steamed Trout Garden Salad
sharing salad for 6-8 people
£26.80

meze salad
sharing salad for 3-4 people
£38.20

FINGER FOOD

finger food
24 items in four varieties
£43.65

finger food - meat & fish
24 items in four varieties
£45.40

finger food - veggie & vegan
24 items in four varieties
£43.25

tortilla chips with
homemade salsa dip
for 10-14 people
£17.23

kettle crisps with
homemade salsa dip
for 10-14 people
£26.60

tortilla chips & kettle crisps
with salsa dip
for 10-14 people
£21.15

SALADS FOR ONE

chargrilled free range chicken
rainbow salad (g, d)
free range chicken fillets marinated in chilli
& coriander tossed with mint, chick peas,
quinoa, julienne of raw carrot & rocket with a
lime & smoked paprika dressing
£6.40

watermelon & tomato salad
(vegan, g, d)
chopped watermelon and tomatoes, blueber-
ries, toasted pine nuts and lemon vinaigrette
£5.90

hot smoked honey
salmon nicoise salad (g, d)
hot roast smoked salmon with hard boiled
egg, new potatoes, olives, cherry tomato,
mixed leaves and a Dijon mustard dressing
£26.80

italian summer salad (v, g)
mozzarella, artichoke hearts, olives, baby
leaves, tomato and basil with balsamic
dressing
£25.05

mediterranean vegetable &
black rice salad (vegan, g, d)
with rocket & maple balsamic dressing
£38.20

sustainable food
for a sustainable
future

DRINKS

belu sparkling water - 330ml £1.30
belu still - 330ml £1.30
coke - 330ml £1.25
diet coke - 330ml £1.25
san pelle - lemon £1.35
san pelle - blood orange £1.40
fresh orange juice - 250ml £1.95
orange juice - 1 litre £4.35
apple juice - 1 litre £3.30
cranberry juice - 1 litre £3.10



PLANEAT

SANDWICH LUNCHES

lunch for 4-6 people - delivered ready to eat

planeat lunch for 4-6 people 5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake £62.60	planeat vegetarian lunch for 4-6 people. 5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake - all vegetarian £59.85
planeat vegan lunch for 4-6 people 5 sandwiches, 10 finger food, tortilla chips, fruit skewers & cake - all vegan £62.45	planeat light lunch for 4-6 people 5 sandwiches, 10 finger food, fruit skewers & grapes £54.00
planeat light vegetarian lunch for 4-6 people 5 sandwiches, 10 finger food, fruit skewers & grapes - all vegetarian £53.35	planeat light vegan lunch for 4-6 people 5 sandwiches, 10 finger food, fruit skewers & grapes - all vegan £51.80

DISPOSABLES

spoon - large - compostable	£1.30
spoon - teaspoon - compostable	£1.30
fork - compostable	£1.25
knife - compostable	£1.25
paper plate 8"	£1.35
serviettes - white (pack of 100)	£1.40

ABOUT US

redefining full-on catering to deliver fresh, finished food without the fuss.

from celebrations to colleague collaborations, our boxes are made for the moment. not limited to lunch, be it breakfast al desko or even al fresco, something to share or have at home.

our food though, is "slow"; prepared by us simply, each day, using a higher ratio of plant based raw ingredients, while retaining their natural, nutritional value. **

all our decisions consider the environment but, more than that, when you order from us, we will plant trees for you in direct proportion to the value you spend with us over time. you will receive a certificate with your tree number and where it is planted

we are part of eden caterers, leaders in sustainable catering in london.

BOX FOOD

boxes of 6, delivered cold to refrigerate and heat later or delivered hot and ready to eat

macaroni cauliflower with cheese (v) the wonderful classic with English cauliflower, mature cheddar, Coleman's English mustard, cayenne pepper, all topped with caramelised onion hot £35.20 / cold £29.20	sri lankan beef & potato curry (g, d) cinnamon, cloves, cardamom and curry leaves with ginger and coconut milk flavour the spinach, potatoes and braised beef hot £55 / cold £49
mushroom stroganoff (v, g) sauteed flat & button mushrooms with tomato, paprika and crème fraiche served with rice hot £38.20 / cold £32	vietnamese chicken curry (g, d) Classic Vietnamese with lemon grass, ginger, potatoes, spring onion, carrot, chilli, fish sauce, bayleaf, coriander and coconut milk. hot £47.20 / cold £41.20
dhal with sweet potato, coconut crust & rice (vegan, g, d) red lentil, spinach, coriander & chilli dhal with cumin crispy sweet potato, coconut & ginger chutney hot £38.20 / cold £32.20	harissa salmon & mint jewelled couscous Harissa crusted salmon with mint jewelled cous cous and a harissa yoghurt dressing hot £59.20 / cold £53.20
	chicken curry (g, d) & mushroom stroganoff (v, g) hot £42.70 / cold £36.70
	chicken curry (g, d) & Sri Lankan beef & potato curry (g, d) hot £51.20 / cold £45.10
	macaroni cauliflower (v) and dhal with sweet potato (vegan, g, d) hot £36.70 / cold £30.70

Boxed with
benefits
Packed with
purpose

