

Breakfast

Spring 2018



EDEN
caterers

"All happiness depends on a leisurely breakfast." - John Gunther

set breakfasts

(min order of 3)

Power Breakfast

one of each item per person
Homemade granola & sour cherry compote (v, g)
Cookie
Freshly squeezed orange juice
£5.20 p/p

Continental Breakfast

one of each item per person
Mini croissant & butter
Mini Danish pastry
Fruit Skewer
Freshly squeezed orange juice
£6.00 p/p

Continental Breakfast with Bagel

one of each item per person
Open mini half bagel with cream cheese & smoked salmon
Mini croissant & butter
Mini Danish pastry
Fruit skewer
Freshly squeezed orange juice
£8.00 p/p

pastries

Danish Pastry – mini (v) a selection of mini pastries	£1.50
Danish Pastry – large (v) a selection of pastries	£1.95
All Butter Croissant – mini (v) served with butter portions and a knife	£1.40
All Butter Croissant – large (v) served with butter portions and a knife	£1.80
Pain Au Chocolat – mini (v) filled with real chocolate and baked with French butter	£1.60
Pain Au Chocolat – large (v) filled with real chocolate and baked with French butter	£1.80
Almond Butter Croissant - mini (v, n) filled with almond paste & topped with flaked almonds	£1.60
Mini Muffin - 2 per portion (v) Blueberry Mini	£1.80
American Cookies (v) large cookies with a selection of different flavours baked each morning	£1.70
Conserves (vegan, g, d) strawberry jam pots	50p per pot

smoothies

Green Dream Smoothie - 1 litre (vegan, g, d, n) pineapple, kiwi, curly kale, almond milk, honey and chia seeds blitzed in the Nutribullet	£13.00
Carrot, Ginger & Turmeric Smoothie - 1 litre (vegan, g, d, n) the perfect anti-inflammatory, immune boosting breakfast smoothie	£13.00

disposables

Paper plate—small	13p	Clear disposable cup	13p
Disposable teaspoon	8p	Paper cup (hot drink)	13p

executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge.

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breakfast pots

Homemade granola (toasted oats, dried fruit, seeds and nuts) served in two delicious combinations. All breakfast pots come ready to eat, complete with a spoon.

Birchermuesli (v) rolled oats with apple, yoghurt, milk, sultanas, seeds and berries (minimum of 4)	£2.45
Granola & Honey (v, n) homemade granola with creamy natural yoghurt, honey (our own honey in season) and dried fruits	£2.65
Granola & Sour Cherry Compote (v, n) homemade granola and sour cherry compote potted with a rich Greek yoghurt	£2.65
Yoghurt Pot with Mango Coulis - 180ml pot (v, g) NEW	£2.10
Yoghurt Pot with Honey - 180ml pot (v, g)	£2.10
Yoghurt pot with Sour Cherry Compote - 180ml pot (v, g)	£2.10

savouries—cold

Breakfast Savoury Platter - (enough for up to 10 people) a selection of mini filled breakfast rolls & croissant to include smoked salmon & cream cheese mini bagels, emmenthal & ham mini croissant, emmenthal & salami cereal roll, brie & cranberry mini flutes	£29.50 NEW each
Brie & Cranberry Mini Flute (v)	£2.40
Ham & Cheese All Butter Croissant - large butter croissant with cheese and English ham	£4.10
Open Mini Bagel with Smoked Salmon & Cream Cheese (2 open halves per portion)	£3.90

savouries—hot

Mini Bacon Roll Breakfast Platter 15 mini glazed finger rolls with streaky bacon delivered warm to you for immediate service	£32.50 each
Mini Sausage Roll Breakfast Platter 15 mini glazed finger rolls with mini Cumberland sausages delivered warm to you for immediate service	£32.50 each
Mini Mushroom Roll Breakfast Platter (v) 15 mini glazed finger rolls with butter fried button mushrooms delivered warm to you for immediate service	£31.00 each
Vegetarian Sausage in a Freshly Baked Baguette (v) delivered in hot box. Min 10	£3.75
Scrambled Egg and Tomato in a Freshly Baked Baguette (v) delivered in hot box. Min 10	£3.25
Sausage in a Freshly Baked Baguette delivered in hot box. Min 10	£3.75
Bacon in a Freshly Baked Baguette delivered in hot box. Min 10	£3.60
Scrambled Egg & Bacon All Butter Croissant - (large) an all butter croissant filled with scrambled egg, smoked bacon & roasted tomato. Min 10	£4.10
Scrambled Egg and Bacon in a Freshly Baked Baguette delivered in hot box. Min 10	£3.90
Scrambled Egg and Smoked Salmon in a Freshly Baked Baguette delivered in hot box. Min 10	£4.35

fruit

Fresh Fruit Individual Salad Pot (vegan, g, d) seasonal fruit - in a pot, ready to eat complete with a spoon	£2.85
Fresh Fruit Skewer - 1 per portion (vegan, g, d)	£1.55
Small Whole Fruit Platter (vegan, g) (for 5-10 people)	£14.00
Large Whole Fruit Platter (vegan, g) (for 10-15 people)	£18.50
Cut Fruit Platter (vegan, g) (for 8-12 people) several peeled & piped fruits ready to eat	£17.50
Cut Fruit (vegan, g) per person peeled & piped, cut fruits ready to eat	£2.50 p/p

To order: visit our Express website or email

Order deadline: 14.30 prior working day

Breakfast deliveries are made from 07.45 to 09.00 Mon-Fri

This menu will be served from 1st Feb 2018 to 31st May 2018

(H) = delivered hot in a hot box or bag

Allergen information is on our website and is supplied with your order
dietary legend: v=vegetarian, g=gluten free, d=dairy free, n=contains nuts

Items marked gluten free have no gluten containing ingredients (ngci)

Set Menus are "Set" and cannot be changed.

All items are subject to VAT

Prices may be subject to a venue commission

Please see our full terms and conditions on our website