

Working Lunch

Winter 14/15



EDEN
caterers

"A man may be a pessimistic determinist before lunch and an optimistic believer in the will's freedom after it."
Aldous Huxley

sandwiches

vegetarian

- Egg Mayonnaise & Cress** free range eggs and cress on malted grain (v) £2.95
- Moroccan Houmous** our own houmous with cumin, coriander & cinnamon, sautéed peppers and mixed leaf in multi seed bloomer (vegan) £3.10
- Red Leicester & Tomato** farmhouse Leicester with chopped fresh chive and sliced tomato on white (v) £3.00
- Roast Mushroom and Mozzarella Wrap** Roast field mushroom, tomato tapenade, mozzarella and mixed leaf in a soft tortilla wrap (v) £3.15
- Tofu & Satay Wrap** Baked tofu with satay sauce, carrot, cucumber and mint in a soft tortilla wrap (vegan, n, d) £3.15
- Cheddar & Pear Chutney** cheddar with our own Kent pear chutney, on malted grain (v) £3.05

meat

- Gammon Ham & Mustard** slow baked gammon with English mustard on white (d) £3.05
- Gammon Ham & Celeriac Coleslaw** our slow baked ham with lashings of celeriac 'slaw on seeded bloomer (d) £3.15
- Sausage & Egg** pork & leek sausage with boiled free range egg and homemade tomato chutney on wholemeal (d) £3.05
- Roast Chicken Salad** sliced roast breast of rosemary chicken with mixed leaf, tomato, and mayonnaise on wholemeal (d) £3.05
- Pesto Chicken Bagel** Roast chicken with green pesto and mixed leaf in a seeded bagel (n) £2.95
- Christmas Sandwich** December only - roast breast of turkey with stuffing, redcurrant jelly and mixed leaf on seeded bloomer (n) £3.40
- Turkey with Blackberry Wrap** turkey with Hampton blackberries, roast bramley apples and mixed leaf in a wrap (d) £3.15
- Rare Roast Beef & Horseradish** thinly sliced rare roast beef with home-made horseradish cream & mixed leaf on seeded bloomer £3.20

fish

- Smoked Salmon** with lemon, rocket and black pepper on wholemeal bread (d) £3.10
- Smoked Mackerel in Pretzel** chopped smoked mackerel with lemon, crème fraîche, horseradish and mixed leaf in a pretzel roll £3.05
- Prawn with Lime & Ginger** North East Atlantic prawns with a lime and ginger mayo and lettuce on wholemeal £3.10
- Poached Salmon with Honey** salmon with a honey, soy, lemon marinade & mizuna leaf on seeded bloomer **NEW** £3.20

set sandwich platters 6 rounds on one platter

- Rustic Platter** Six speciality breads and rolls (Pretzel, whole grain, seeded, bagel) generously filled (2 veg, 3 meat, 1 fish) and served on one platter £21.00
- Wrap Platter** Six wraps of the following: 2 x Turkey & Blackberry Wrap, 2 x Roast Mushroom and Mozzarella Wrap, 2 x Tofu & Satay Wrap £18.80
- Classic Sandwich Platter** One each of the following: Egg Mayonnaise & Cress, Mature Cheddar & Pear Chutney, Gammon Ham & Mustard, Roast Chicken Salad, Roast Beef, Smoked Salmon £18.30
- Contemporary Sandwich Platter** One each of the following: Tofu & Satay, Mushroom & Mozzarella, Pesto Chicken Bagel, Turkey with Blackberry, Smoked Mackerel, Poached Salmon with Honey & Ginger £18.60
- Mixed Sandwich Platter** One each of the following: Egg Mayonnaise & Cress, Moroccan Houmous, Gammon Ham & Celeriac Coleslaw, Roast Beef Horseradish, Smoked Mackerel, Prawn with lime £18.55
- Meat Sandwich Platter** One each of the following: Pesto Chicken Bagel, Gammon Ham & Mustard, Pork & Leek Sausage & Egg, Roast Chicken Salad, Turkey & Blackberry Wrap, Roast Beef & Horseradish £18.45
- Fish Sandwich Platter** the following: 2 x Smoked Salmon, Smoked Mackerel, 2 x Prawn with Lime & Ginger, Poached Salmon with Honey £18.60
- Vegetarian Sandwich Platter (v)** One each of the following: Egg Mayonnaise & Cress, Moroccan Houmous, Tofu & Satay Wrap, Red Leicester with Tomato, Mushroom & Mozzarella Wrap, Cheddar & Pear Chutney, £18.40
- Finger Buffet Platter** Three of each of the following finger buffet on one platter (12 in total): Seed Flan (v), Seasonal Root & Caraway Chips (v), Cumin Chicken brochette, Jamaican Patties, £19.00

finger buffet

- Seed Flan** baby tomato with goats cheese and toasted pumpkin seeds on short pastry (v) £1.75
- Red Onion Tart Tatin** caramelised red onion up side down tart (v) £1.60
- Samosa** the classic Indian vegetarian snack (vegan) £1.60
- Kettle Crisps** with salsa dip (v) £0.95
- Brie & Blackberry Crostini** Hampton blackberries with brie and celery on ciabatta crostini (v) £1.60
- Root Vegetables & Caraway Chips** chunky seasonal roots roasted with caraway seeds & cayenne (vegan, g) £1.60
- Tomato & Basil Parmesan** sun dried tomato rolled in basil and shaved grana padano (v, g) £1.55
- Mushroom Crostini** pan fried mushroom, garlic and parsley on ciabatta crostini (v) £1.55
- Thai Fish Cake** Coley, lemon grass and ginger served with sweet chilli sauce £1.65
- Scotch Egg** homemade scotch egg with sage and free range eggs (1/2 per ptn) (d) £1.65
- Cumin Chicken & Honey Squash Brochette** chicken breast baked in cumin, coriander & yogurt with honeyed glazed squash (g) £1.60
- Jamaican Beef Pattie** seasonal root vegetable and beef pattie £1.65
- Salmon Teriyaki Brochette** fresh salmon in teriyaki marinade lightly baked on skewers £1.60

salad boxes

generous individual boxes complete with a fork and dressing

- Cranberry Chicken** grilled chicken breast with cucumber, cranberries, mixed leaves and caramelised red onion (g, d) **NEW** £5.10 each
- Honey Poached Salmon** with winter salad & roasted squash (d, g) **NEW** £5.35 each
- Winter Salad & Beetroot** red cabbage, peppers, pumpkin seeds with & cucumber salad and roasted beetroot (vegan, g, d) **NEW** £5.10 each
- Pear, Blue Cheese, & Caramelised Pecan** with rocket (v, g) **NEW** £5.15 each

cakes

- Cake Platter** a selection of eight cakes from the selection below (v) £13.40
- Blackberry Cheesecake** (v) £1.80
- Carrot Cake** iced and moist (v) £1.70
- Brownie**—dark chocolate (v) £1.65
- Apricot Flapjack** deliciously oaty, chewy, tart and sweet (v) £1.65
- Fruit Fool Tart** orange fool in tart crowns (2 per portion) (v) £2.20
- Ginger & Plum Upside Down Cake** tart English plums end up on top (v) **NEW** £1.70
- American Cookies: 2 per ptn** mix of double choc & milk choc (v) £1.55
- Mince Pies x 2 (December only)** (v) £1.80

fruit

- Fresh Fruit Skewer** £1.40 each
1 per person
- Small Whole Fruit Platter** £12.90 each
for 5-10 people
- Large Whole Fruit Platter** £17.50 each
for 10-15 people
- Cut Fruit Platter** several peeled & piped fruits ready to eat. £15.50 each
For 8-12 people
- Cut Fruit per Person** peeled & piped, cut fruits ready to eat. £2.25 p/p

cheese

- Cheese Board** Colston Bassett Stilton, Laurels Farm Hereford Hop and Ford Farm's Dorset Red served with grapes, celery, butter, a selection of crackers and a knife. (v) £3.70 p/p



everything on this menu is
homemade by our chefs

disposables

- Clear disposable cup** 13p each
- Disposable Knife (wood)** 8p each
- Paper side plate** 13p each

executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge.

Order deadline:
16:30 prior working day for assured delivery time

To order: email or on our Express website

This menu is served from
1st Oct 2014 to 31st Jan 2015
Set Menus and some items are subject to VAT



t: 020 7803 1212 e: orders@eden-caters.co.uk
f: 020 7803 1213 w: www.eden-caters.co.uk

dietary legend: v=vegetarian, g=gluten free, d=dairy free, n=contains nuts
Items marked gluten free have no gluten containing ingredients (ngci)
Allergen information is on our website and is supplied with your order
Please see our full terms and conditions on our website

Working Lunch

Set Menus

Winter 2014/15



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"Manhattan is a narrow island off the coast of New Jersey devoted to the pursuit of lunch." Raymond Sokolov

These menus enable you to order quickly, a quality working lunch (sandwiches, finger buffet, cakes, fruit, cheese) at a price and mix of content to suit your budget. All the sandwiches and buffet items are selected by us, unless named, and rotate daily from this season's list over. You simply select the menu which matches your requirements and order for the number of people you are catering for (minimum of 3). The food, as standard, is served on black, recyclable platters with a serviette for each guest. Unwrapping is the only requirement. There is an "Executive Presentation" option. See below for details.

willow

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Finger Buffet 2 per person (min of 3 types) selected by us from list over
Kettle Crisps 1/2 portion per person
Fresh Fruit Skewer 1 per person
Cake & dessert mini homemade selection, 1 per person
Cheese Board 1 portion per person

£13.50
p/p

magnolia

Sandwiches including 1 round per person varying daily from the selection listed over
Finger Buffet 2 per person (min' of 3 types) selected by us from list over
Tortilla Chips with salsa dip
Cut Fruit 1 portion per person
Cheese Board 1 portion per person

£12.50
p/p

wisteria

Sandwiches 1 round per person varying daily from the selection listed over
Finger Buffet 3 items per person to include: seed flan, scotch egg, salmon teriyaki brochette
Tortilla Chips with salsa dip
Fresh Fruit Skewer 1 per person

£10.55
p/p

laurel

Sandwiches 1 round per person varying daily from the selection listed over
Finger Buffet 3 items per person to include: red onion tart tatin, brie & blackberry crostini, cumin chicken brochette
Tortilla Chips with salsa dip
Cake & dessert mini homemade selection, 1.5 per person

£10.85
p/p

clematis

Sandwiches 1 round per person varying daily from the selection listed over
Finger Buffet 3 items per person to include: root vegetables & caraway chips, samosa, tomato & basil parmesan,
Italian Olives
Fresh Fruit Skewer 1 per person

£10.85
p/p

camellia — a menu with extra finger buffet

Sandwiches including 1 round per person varying daily from the selection listed over
Finger Buffet 4 items per person selected by us from list over (minimum of 3 types will be selected)
Cut Fruit 1 portion per person

£10.50
p/p

jasmin

Sandwiches including 1 round per person varying daily from the selection listed over
Finger Buffet 2 per person (min' of 3 types) selected by us from list over
Tortilla Chips with salsa dip
Cake & dessert mini homemade selection, 1 per person
Fresh Fruit Skewer 1 per person

£9.60
p/p

jasmin — gluten free NEW

Sandwiches including 1 gluten free round per person
Finger Buffet 2 per person
Tortilla Chips with salsa dip
Cake 1 per person
Fresh Fruit Skewer 1 per person

£9.60
p/p

t: 020 7803 1212

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w: www.eden-caters.co.uk

maple

Sandwiches 1 round per person varying daily from the selection listed over
Finger Buffet 2 items per person selected by us from the current menu
Kettle Crisps with salsa dip
Fruit 1.5 pieces of whole fruit per person

£8.65
p/p

lilac

Sandwiches including 1 round per person varying daily from the selection listed over
Finger Buffet 2 per person (min of 3 types) selected by us from list over
Cut Fruit 1 portion per person

£8.45
p/p

thistle

Sandwiches including 1.5 round per person varying daily from the selection listed over
Cake & dessert mini homemade selection, 1.5 per person
Cut Fruit 1 portion per person

£8.15
p/p

acer

Sandwiches including 1.5 round per person varying daily from the selection listed over
Crisps
Cake & dessert mini home made selection, 1 per person
Fresh Fruit Skewer 1 per person

£8.10
p/p

rowan

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Tortilla Chips with salsa dip
Cut Fruit 1 portion per person

£7.70
p/p

mulberry

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Kettle Crisps
Cake & dessert mini homemade selection, 1.5 per person

£7.30
p/p

hawthorn

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Cut Fruit 1 portion per person cut for easy eating

£6.95
p/p

hibiscus

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Kettle Crisps
Fresh Fruit Skewer 1 per person

£6.95
p/p

azalea

Sandwiches including 1.5 rounds per person varying daily from the selection listed over
Cake & dessert mini homemade selection, 1.5 per person

£6.30
p/p

There is a minimum order of three of any set menu

executive presentation

Needing a very smart presentation? Select or ask for "Executive Presentation". Your food will be on very smart white platters with chocolates for each guest. There is a 10% surcharge for this service.



To order use our Express website or by email

Order deadline: 16:30 prior working day

This menu is served from 1st October 2014 to 31st January 2015

Allergen information is on our website and is supplied with your order

All items are subject to VAT at 20%.

Please see our full terms and conditions on our website